



Friends of St. Katharine's Park

Orienteering Course

What is orienteering?

Orienteering is a fun way to learn how to navigate using a map and, optionally, a compass.

How to use this?

Print this document out and use it, alongside the orienteering map, to record the letters you find on the orienteering posts in St Katharine's Park, Edinburgh.

Join our leaderboard

Time yourself around your chosen course then send this to us to be added to the leaderboard!

To do so, visit: www.foskap.org.uk/orienteering or email: foskap.edinburgh@gmail.com

Important notes

Please note that FoSKaP take no responsibility for any injuries that occur due to taking part in the orienteering courses set out in St Katharine's Park. There are a number of potential dangers around the park and we ask that individuals take responsibility for their own actions when taking part in the orienteering courses set out by FoSKaP.

If you have any concerns, please contact FoSKaP: foskap.edinburgh@gmail.com

Beginner Course

Course Distance: 700m

Post Number	Post Letter
Start at 1	
2	
3	
4	
9	
11	
End at 1	

Your Time: _____ minutes

Intermediate Course

Course Distance: 800m

Post Number	Post Letter
Start at 1	
14	
13	
12	
7	
5	
3	
End at 1	

Your Time: _____ minutes

Advanced Course

Course Distance: 1.3km

Post Number	Post Letter
Start at 1	
6	
8	
9	
10	
13	
15	
8	
2	
End at 1	

Your Time: _____ minutes